



Hellys Breakfasts

Served Wednesday - Saturday



FAVOURITE BITES - Served until 12pm

Poached, Scrambled or Fried Eggs - £6.50
2 eggs served on a slice of buttered toast (vo) (gfo)

Breakfast Panini / Toastie - £6.50

Choose from one of the following;

smokey bacon, mozzarella & herby tomato sauce. (gfo)
hogs pudding, cheese & brown sauce.
halloumi, spinach & sundried tomatoes. (vo) (gfo) (vo)

Omelette - £7.95

with 2 eggs & cheese (vo) (gfo)
Additional toppings £1.00 each - onion, ham,
mushrooms, spinach or fresh chilli

Hellys Omelette - £9.95

with 2 eggs, cheese & hogs pudding.

Omelette Royale - £10.95

2 eggs & cheese with hot smoked salmon

Eggs Royale - £11.95 / Florentine (vo) - £10.95 / Benedict - £10.95

2 poached eggs served on a buttered, toasted muffin
with hollandaise sauce and a choice of either
smoked salmon / halloumi with spinach (vo) / smokey bacon

Full English Breakfast - £9.95

1 Cornish mighty sausage, 2 rashers of smokey bacon,
hogs pudding, mushrooms, beans, cherry tomatoes,
2 fried eggs & thick buttered toast.

Half English Breakfast - £6.50

half a Cornish mighty sausage, 1 rasher of smokey bacon,
beans, 1 fried egg & thin buttered toast.

Veggie Breakfast (gfo) (vo) - £9.95

grilled halloumi on mashed avocado & sourdough toast
with 2 Poached eggs & mushrooms

Spinach & Feta Shakshuka (gfo) (vo) - £9.95

2 poached eggs served on buttered, toasted ciabatta
in a lightly spiced tomato sauce with warm feta and spinach.

Vegan Breakfast (gfo) (vo) - £9.95

grilled cheese, mushrooms, avocado & warm sunblushed
tomatoes on sourdough toast.

Add Extras;

£1.50 each: toast (1), egg (1), mushrooms, cheddar cheese, beans,

£2.00 each: sausage, smokey bacon (2), hogs pud, salami,
cherry tomatoes, spinach, feta, vegan cheese.

£3.00 each: halloumi, avocado.

£4.00 each: smoked salmon, smoked mackerel.

(gfo) - Gluten Free Option (vo) - Vegetarian Option (vo) - Vegan Option

LIGHT BITES - Served all day

Toasted Tea Cake, Crumpets (2) or Toast (gfo) (2) - £3.00
toasted and served with butter and one spread (vo) (vo)

(spreads - choose from jam, marmalade, honey,
marmite, peanut butter (vo) or nutella (vo))

Home-made Plain, Fruit or Cheese Scone & Butter (vo) - £3.00

(add clotted cream, jam or extra butter for 60p each.)

Patisseries & Home-made Cakes - As Priced

(please see counter display) (vo) (vo) (gfo)



EARLY BIRD OFFER - £4.25

10am-11.30am Every Day

any LIGHT BITE with a pot of tea or small cup of coffee

POPULAR BITES - Served all day

HUGO'S BREAKFAST - HAND MADE IN CORNWALL

Hugo's Apple & Blueberry Porridge - £5.25 (vo) (vo)

Additional toppings £2.00 each - Banana & Honey / Forest Fruits
Toasted Hazlenuts & Syrup / Naughty Clotted Cream

Hugo's Granola Fruit Bowl (gfo) (vo) - £6.25

a superbowl of homemade cornish granola, yogurt,
mixed fruits, coulis & honey - a truly healthy delight!

Pancakes (vo)

3 fluffy pancakes served with one of the following;

Fruity - fresh fruits, yoghurt & coulis. - £7.95

Banoffee - sliced banana, nuts & toffee sauce. - £7.95

Naughty - fresh strawberries, nutella & whipped cream. - £7.95

Hellys Pancake - £9.95

an almighty stack of 4 fluffy pancakes served with
4 rashers of crisp, streaky maple bacon & maple syrup - enjoy!

Smoked Salmon, Cream Cheese & Chives

Croissant - £6.95

Breakfast Bap - £5.00 / Sandwich - £6.50

smokey bacon (gfo) / mighty sausage or double egg (vo) (gfo)

Proper Melted Cheese on Toast (gfo) - £6.50

thick cut toast loaded with Cornish cheese and seasoned
toppings of perfection, choose from...

cheddar, tomatoes & lashings of Worcester sauce (vo) (vo)

Cornish blue & spicy apricot chutney (vo)

Cornish brie & hot chilli jam (vo)

Hungry... why not add a 2nd slice of your choice for an extra £3.50!





Hellys Lunches & Salads



Served from 12pm Wednesday - Saturday

TOASTED CIABATTA / TOASTED SANDWICHES (gfo) - £7.95
served with house slaw and tortilla crisps

Cornish Brie & Cranberry (vo)

Tuna Mayo, Red Onion and Cornish Cheddar Melt.

The Classic - Ham & Cornish Cheddar Melt

Cajun Chicken, Red Onion & Cornish Cheddar Melt

Mozzarella, Sundried Tomatoes & Basil Pesto. (vo) (vo)

(add 2 rashers of smokey bacon to any Ciabatta / Toasted Sandwich for £2.00)

FRESH SANDWICHES (gfo)

served with house slaw and tortilla crisps
choose from fresh white, multiseed or (gf) bread.

Cornish Cheddar Cheese & Chutney (vo) (vo) - £7.95

Tuna Mayo & Red Onion - £7.95

Free Range Egg Mayo & Chives (vo) - £7.95

Ham & Cornish Cheddar Cheese & Chutney - £8.95

Coronation Chicken & Mango - £8.95

Prawn Marie-Rose - £8.95

SOUP OF THE DAY - £5.95

served with warm ciabatta bread & butter

KIDS CORNER - (Served all day)

Dippy Egg & Soldiers (vo) (gfo)
Single £3.75 / Double £5.00

Beans on Buttered Toast (1) (vo) (vo) (gfo) - £3.75
(add £3.75 for an adults portion)

Cheesy Pitta Fingers (vo) (vo) (gfo) - £3.75
toasted pitta bread filled with melted cheese
and a cucumber & tomato side

Kids Pasta (vo) - £6.00
with cheese and a herby tomato sauce

Pizza Panini - £5.00
panini slice (1) smothered with cheese, ham
and a herby tomato sauce, served with tortilla chips.

CLASSIC CORNISH CORNER

Cornish Cream Tea
home-made fruit or plain scone with clotted cream,
strawberry jam & a pot of English Breakfast tea. (vo)
For One £6.00 / For Two £11.00

Cornish Pasty (vo) - £6.00
Lavenders proper home-made Cornish pasty

Homity Pie (vo) - £12.50
cheese, onion & potato pie served hot
with slaw, red rice & mixed leaf salad.

SHARING PLATTERS

For One - £11.50 / To Share - £18.50

Ploughmans Platter (gfo)

cheese (vo), ham or mixed ploughmans served
with celery, salads, chutney, pickles & fresh bread.

Mediterranean Platter (vo) (vo) (gfo)
grilled halloumi, olives, warm sundried tomatoes,
hot peppers served with a whipped feta & basil pesto
dip & toasted pitta fingers.

Antipasto Platter (gfo)

ham, salami, chorizo, feta, olives, balsamic onions,
warm sundried tomatoes & grilled courgette.

Smoked Fish Platter (gfo)

today's smoked fish / seafood of the day served with
accompanying sauce, rye bread & mixed leaf salad.
(add £1.00 / £2.00 supplement)

DELICIOUS SALADS (gfo)

Chicken, Bacon & Avocado - £11.95
served with red onion, cherry tomatoes & dressed mixed
leaf salad topped with toasted seeds & parmesan.

Chicken Caesar Salad - £9.95
served with bacon, warm sun-dried tomatoes,
crispy croutons, parmesan & dressed mixed leaf salad.

Mozzarella & Avocado (vo) - £9.95
served with warm sun-dried tomatoes & mixed leaves
all with our own basil pesto

Hellys Superfood Salad (vo) - £9.95
a lovely bowl of avocado, spinach & rocket leaves,
cherry tomatoes, sugar snap peas & tenderstem broccoli
tossed in our balsamic, honey dressing and finished off with
fresh parmesan, toasted seeds & crunchy croutons.

Greek Salad - £9.95
feta, sun-dried tomatoes, olives, cucumber, capers,
red onion & mixed leaves drizzled in our own basil pesto.

HELLYS MAINS

Homemade Quiche (vo) (gfo) - £12.50
served hot with our tasty house salads

Macaroni Cheese (vo) - £10.50
served with garlic bread
(add chopped, smoked bacon for £2.00)

Homemade Beef Lasagne - £12.50
served hot with our tasty house salads & garlic bread.

CHEEKY LUNCHES

12.00pm - 2.00pm Every Day

buy any **SALAD** or **MAIN** and get any drink or dessert at 1/2 price!



(gfo) - Gluten Free Option (vo) - Vegetarian Option (vo) - Vegan Option



Hellys Snacks & Sides



Served from 12pm Wednesday - Saturday

LITTLE JACK HORNER'S HOMEMADE SAUSAGE ROLLS - £3.95

Pork & Sage
Pork & Smoked Chilli
Chicken & Mushroom
Beef & Horseradish
Sweet Potato, Kale & Goats Cheese (v)

SIDE DISHES (vo) (gfo)

Mixed Leaf Salad - £2.75 • House Slaw - £2.75

Red Rice Salad - £2.75

Bread Basket - £3.00

Proper Garlic Bread - £3.00

Proper Cheesy Garlic Bread - £3.50

Hand-Cut Potato Wedges - £3.00

Cheesy Potato Wedges - £3.50

Hellys Desserts

£5.75 each (served from 12pm)

Hokey Heaven ice cream Sundae

Neopolitan ice cream Sundae

Berry Meringue Nests - vanilla ice cream / clotted cream (gfo)

Hot Chocolate Fudge Cake - vanilla ice cream / clotted cream (gfo)

Fresh Fruit Salad (gfo)

Warm Chocolate Brownie - vanilla ice cream / clotted cream (gfo)

Waffle with Salted Caramel Sauce - vanilla ice cream

Homemade Crumble - vanilla ice cream / clotted cream

HELLYS CORNISH CHEESEBOARD - £7.50

Cornish Blue, Brie & Cheddar
served with dried fruits & homemade chutney. (gfo)

HELLYS CAKES - FROM £2.75

We pride ourselves in making only the very best homemade cakes for you to enjoy -
please ask a member of staff for today's selection! (vo) (gfo)

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