

Hellys Takeaway Menu



Hellys Breakfasts & Snacks



SERVED ALL DAY

Crumpets (2) (vo) or Thick Cut Toast (2) (gfo) (vo) (vo) - £2.50

Croissant (vo) / Bagel (vo) served hot with either; cheese, ham, mushrooms or chorizo - **£3.00** (Extras 50p each)

Smoked Salmon, Cream Cheese & Chives Croissant / Bagel - £5.50

Croissant & Jam / Pain au Chocolat / Pain au Raisin (vo) - £2.50

Just Porridge (vo) (vo) - £3.50 / Loaded Porridge (vo) (vo) - £5.00

with a creamy berry (vo), nutty honey, maple syrup (vo), apple & blueberry (vo) or naughty clotted cream.

Granola Fruit Pot (gfo) (vo) - £5.00 fresh fruits with coulis, granola, yoghurt & honey.

PANCAKES (vo)

2 fluffy pancakes served with one of the following;

The Classic - lemon & sugar - **£3.50** / Fruity - fresh fruits, yoghurt & coulis. - **£5.00**

Banoffee - sliced banana, nuts & toffee sauce. - **£5.00** / Naughty - fresh strawberries, nutella & whipped cream. - **£5.00**

American Style Pancake - £7.00

an almighty stack of 4 fluffy pancakes served with 4 rashers of smokey bacon & maple syrup - enjoy!

Smokey Bacon / Mighty Sausage or Double Egg (vo) Bap - £4.00 / Sandwich - £4.50

(Add extras; sausage, bacon (2), halloumi, hogs pudding, avocado - £1.50 each)

Breakfast Panini / Toastie

hogs pudding, cheese & brown sauce. - **£4.50** / sausage with perfect onion relish - **£4.50**

halloumi, spinach & roasted vegetables. (vo) (gfo) (vo) - **£4.50**

HELLYS OMELETTE WRAPS

2 Eggs Cheese Omelette Wrap - served perfectly in a light, super soft deli wrap. (vo) - **£5.00**

Add extras; ham, mushrooms, chorizo, tomato, spinach, onion, chilli, extra cheese, extra egg - 50p each)

Hellys Hogs Pudding Omelette Wrap - £6.00 / Smoked Salmon Omelette Wrap - £7.00

SCONES / LIGHT SNACKS

Toasted Tea Cake & Butter (vo) - £2.50

Homemade Plain, Fruit or Cheese Scone & Butter (vo) - £2.50 (Add jam, clotted cream or extra butter for 60p each)

Cornish Cream Tea For One (vo) - £5.00

SIDE DISHES

Side Salads (vo) (vo) (gfo) - £3.00 / Olive Pot (vo) (vo) (gfo) - £3.00

Garlic Bread - £3.00 / Cheesy Garlic Bread (vo) (vo) (gfo) - £3.50

Homemade Potato Wedges (vo) (gfo) - £3.00 / Cheesy Potato Wedges (vo) (gfo) - £3.50

CHILDREN'S APPETITES - Served all day

Toasted Pitta Fingers - £3.00 (served with houmous and a cucumber & tomato side) (vo) (gfo)

Toasted Cheesy Pitta Fingers - £3.00 (served with a cucumber & tomato side) (vo) (gfo)

Kids Meal - £4.50 any kids sandwich served with crisps, fruit pot, choc bar and juice carton or milk. (gfo)



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HOMEMADE SOUP OF THE DAY - SERVED ALL DAY

Delicious homemade soup of the day served with fresh, buttered bread. - £4.50

HELLYS HEALTHY SALADS (gfo) - Served from 11.00am

Just Salad (vo) (vo) - £4.50 (add; ham, tuna mayo, cheese or boiled egg (1) for £1.00.)

Smoked Chicken & Avocado Salad - £7.50 (add bacon (2) for £1.50)

Coronation Chicken Salad - £7.50 / Chicken Caesar Salad (vo) - £7.50

Mozzarella, Warm Sun-dried Tomatoes, Avocado & Basil Pesto. (vo) - £7.50

Prawn Marie-Rose Salad - £7.50 / Smoked Flaked Mackerel - £7.50

Crab - Fresh Newlyn Crab Salad - £11.50

PANINI / TOASTIES (gfo) - Served from 11.00am

Cornish Brie & Cranberry (vo) - £4.50

Mature Cornish Cheddar Cheese & Caramelised Onion Chutney (vo) - £4.50

Tuna & Cornish Cheddar Melt - £4.50

The Classic - Ham & Cornish Cheddar Melt - £4.50

Mushroom & Cheddar Melt (vo) - £4.50

Smoked Chicken, Red Onion & Cornish Cheddar Melt - £5.50

BBQ Pulled Pork & Cornish Cheddar Melt - £5.50

Chorizo & Cornish Cheddar Cheese Melt - £4.50

Spicy Plum Sun Blush Tomato & Halloumi (vo) - £4.50

Mozzarella, Sundried Tomatoes & Basil Pesto. (vo) - £4.50

(add 2 rashers of bacon to any Panini / Toasted Sandwich for £1.50)

FRESH SANDWICHES (gfo) / FLATBREADS - Served from 11.00am

choose from fresh white, granary or bread, white or wholemeal flatbreads.

Ham, Tomato & Mustard. - £4.00

Cornish Cheddar Cheese & Chutney (vo) - £4.00

Tuna Mayo - £4.00

Free Range Egg Mayo & Cress (vo) - £4.00

Ham & Cornish Cheddar Cheese & Chutney - £4.50

Houmous, Sliced Tomatoes & Peashoots. (vo) (vo) - £4.00

Smoked Chicken, Bacon, Avocado & Mayo. - £5.50

Coronation Chicken - £5.50

Prawn Marie-Rose - £5.50

BLT Sandwich - £5.50

Smoked Mackerel, Onion & Mayo. - £5.50

Smoked Salmon, Cream Cheese & Chives - £6.50

Crab - Fresh Newlyn White Crab Meat - £8.50

JACKET POTATOES (gfo) - Served from 11.00am

Plain Jacket Potato (vo) (vo) - £4.00 / Tuna Mayo - £5.50 / Cheese & Baked Beans (vo) - £5.50

Garlic Mushrooms (vo) (vo) - £5.50 / Brie and Cranberry (vo) - £6.00 / Chilli Con Carne (vo) - £7.00

Coronation Chicken - £7.00 / Avocado & Cooked Cherry Tomatoes (vo) (vo) - £6.00 / Prawn Marie-Rose - £6.50

Smoked Mackerel, Onion & Mayo. - £6.50 / Bacon, Hogs Pudding & Beans. - £7.50



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SERVED FROM 11.00AM

Cornish Pasties (vo) - £4.25 • Homity Pie (vo) / Quiche (gfo) (vo) / Frittata (gfo) (vo) - 4.50
Homemade Beef Lasagne - £4.50
Penny's Pies (vo) (vo) & Savoury Tarts (vo) - £4.00

JULIE'S HOMEMADE SAUSAGE ROLLS

Traditional Pork - £3.50
Pork, Honey & Mustard. - £3.75
Pork, Cheddar & Marmite. - £3.75
Mexicano - £3.75
Sweet Potato, Chickpea & Spinach. (vo) - £3.75

Fresh Roast Sandwiches - £5.00

*choose from thick or thin fresh white, granary or (gf) bread
filled with one of today's hot roast meats - absolutely divine!*

Sunday Roast on the Coast!

Choose from our tempting selection of locally sourced meats* all of which are served with a great selection of freshly prepared, seasonal vegetables, perfect roast potatoes, warming gravy and a large, home-made yorkshire pudding for you to enjoy at your leisure!

*vegetarian / vegan options available - please inform us at time of booking

Adult £9.95 • Large Mixed £10.95 • Child £6.95

If you fancy something a little different to Sunday Roast then we can also offer you anything from our tempting Daily Specials Boards as well as the other Lunch options listed on our main menu

Available for collection every Sunday from Hellys Deli Bar Cafe in Penzance between 12pm-4pm.
Free local delivery anywhere between Penzance & Helston after 5pm every Sunday!



Join us at www.hellys.co.uk to keep up to date with all our special events, offers, menus, new creations and much, much more...

Hellys Deli Bar Cafe (Penzance)

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